



THINKING DIFFERENTLY

'LIFT'

your SIGHTS

Group Coaching for Women Leaders who want to Build Inner Confidence



This group is about feeling safe to say how you feel because no one will judge you...
It's about joining other women who want to be champions for each other...
And it's about realising what you can achieve if you think differently.

LIFT your SIGHTS will enable you to gain strength through sharing, voicing your ambitions without fear and feeling energised and optimistic about your future.

- Find self belief
- Identify and maximise strengths
- Learn about self - labelling
- Be strategic about your future

THURSDAY 17TH JUNE
THURSDAY 1ST JULY
1.00PM - 3.30PM BST
ONLINE

More Information & Booking:

www.nmscoaching.co.uk/www.loftygiraffecoaching.com

<https://thinkingdifferentlygroupcoaching.eventbrite.co.uk>



"Remember no one can make you feel inferior without your consent."
Eleanor Roosevelt

